

Category: Seasons: Fall

**Title: A Little Apple Seed**

Sung to 'Eensy, Weensy, Spider'

Once a little apple seed  
Was planted in the ground.  
Down came the raindrops,  
Falling all around.  
Out came the big sun,  
Bright as bright could be.  
And that little apple seed grew up  
To be an apple tree.

*Levels: P1, K*

**Title: Add a Tree**

To develop the concept that some trees change with the seasons, prepare a tree mural at the beginning of each season.

Using butcher paper, draw a large tree shape and hang it on the wall.

To emphasize seasonal changes, have children add appropriate collage bits or paint at the beginning of each season.

Fall - brown, yellow, red, purple, orange paper bits

Winter - bare tree with brown leaves on ground and gray painted sky.

Spring - popcorn buds and small green paper bits or paint

Summer - fully covered with green paper bits and paint

*Levels: K*

**Title: Apple A Day Snack**

Serve a different apple each day for snack.

Red apples, green, yellow, and even brown (russet).

Make an apple dip by stirring some brown sugar into plain yogurt and a sprinkle of cinnamon if desired.

*Levels: ALL LEVELS*

**Title: Apple Magic**

Perform a little science magic with this simple experiment. You will need a large bowl of water, a carrot and an apple.

First, ask the children what they think will happen when an apple or a carrot is put in the bowl.

Place the carrot in the bowl first; then remove it and place the apple in the bowl. What happens?

Why?

Explain to the children that foods like carrots and apples vary greatly in the amount of air they contain.

Carrot matter is packed very tightly and is very heavy, making the carrot sink. The apple is not packed as tightly and has many air spaces, which allow it to float.

Slice the apple and carrot for more observation.

*Levels: K*

**Title: Apple Muffins**

Make some yummy apple muffins. Take a packaged mix of oatmeal muffin mix and add a cup of peeled and chopped apples. Bake as usual. Truly delicious!

*Levels: ALL LEVELS*

**Title: Apple Sauce Snack**

Make a pot full of applesauce with the children in the morning and serve for afternoon snack!

Preparing it is lots of fun and presents a wonderful opportunity to talk with the children. What must we do first, what comes next, watch and see what happens to the apples.

8 apples, peeled and sliced

1 cup water

1/2 cup brown sugar

1/4 teaspoon cinnamon

Heat apples in water until boiling. Reduce heat and simmer 5-10 minutes until tender; stir periodically and add water if necessary.

Stir in remaining ingredients.

Cook until apples are mushy.

Cool and serve.

*Levels: P1, K*

**Title: Apple Seeds**

Before cutting open an apple, ask the children to predict how many seeds there will be inside. Cut

the apple in half horizontally and let the children observe the 'star' that holds the seeds.

Count the seeds with the children and have them compare the number with their predictions.

Try the experiment with another apple. Does it have the same number of seeds as the first one? Try the same experiment using a different coloured apple.

Extension: Set out apple seeds (with several of them cut in half) and let the children examine them with a magnifying glass. If desired, provide other kinds of fruit seeds for comparing.

*Levels: K*

Category: Seasons: Summer

**Title: A Little Boy's Walk**

A little boy went walking  
one lovely summer day.  
He saw a little rabbit  
that quickly ran away.

He saw a shining river  
go winding in and out,  
and little fishes in it  
were swimming all about.

*Levels: P1, K*

**Title: A Seashell**

One day a little shell washed up (hold shell)  
Out of the waves at sea.  
I held the shell up to my ear, (hold shell to ear)  
And I heard it sing to me. Sh...Sh...Sh...Sh...

A little shell washed up one day,  
And lay upon the sand. (hold shell in hand)  
It sang a song about the sea,  
As I held it in my hand. Sh...Sh...Sh...Sh...

(This is excellent for practice on the 'sh' speech sound. Bring in a conch shell and let the children take turns holding it to their ears to hear the sound of the sea.)

*Levels: K*

**Title: At The Seashore (page 1)**

Down at the seashore, Isn't it grand?  
Wiggling my toes, In the soft warm sand. (Wiggle toes)

Building a tall sand castle, Where the King and Queen stay. (Make building motions)  
But when the tide comes rushing in (One arm sweeps inward)  
They will have to move away! (Arm makes leveling motion)

Splashing in the water (hands make splashing motion)  
Of the cool blue sea,  
Playing wave tag - in and out, (run forward with a small step)  
You can't catch me! (run quickly backwards)

*Levels: P1, K*

**Title: At The Seashore (page 2)**

Holding up a seashell (hold fist tightly to ear)  
Tightly to my ear.  
Shh! It's telling me a secret (Other hand holds finger to lips),  
That only I can hear!

*Levels: P1, K*

**Title: Beach Scene**

A fun way to make a beach scene is to fill a baby food jar with sand.  
Arrange pebbles, shells, and twigs on top and put a lid on it.  
The lid can be sprayed gold.  
Pasta shells can be used to represent real shells.

*Levels: P1, K*

**Title: Bright Sun**

Sung to: Row, Row, Row Your Boat

Bright sun shining down,  
(Spread fingers and move slowly downward)  
Shining on the ground.  
What a lovely face you have,  
(Make a large circle in front of face with arms)  
Yellow, big and round.

*Levels: P1, K*

**Title: Butterflies**

Talk about the brilliant colours of butterflies and bugs.  
Trace around the feet of each child on bright  
coloured construction paper to make butterfly shapes.  
Draw a body shape between the two  
'butterfly wings.' Cut out the butterfly.  
Paste narrow strips of black paper in place for the antennae.  
Decorate the butterflies with bits of bright fabric or construction paper.  
Hang them from overhead light fixtures or from the top of the chalkboard with coloured  
yarn.

*Levels: P1, K*

### **Title: Butterfly Hunt**

Make butterfly nets using cardboard and citrus fruit bags.

Make butterflies from rectangle of tissue paper twisted in the centre.

Throw them into the air and catch them with your net.

*Levels: P1, K*

### **Title: Celery Action**

A fun water experiment (that children often think is magic) is seeing how water travels through celery.

Place a stalk of celery in a glass of coloured water. The children will be able to see how the water goes through the celery.

A variation of this experiment is to divide one stalk of celery into two sections at the bottom. Place half the stalk in one glass of coloured water, and the other half in another glass of different coloured water.

*Levels: P1, K*

### **Title: Clay Leaf Prints**

Materials: self-drying clay, rolling pin, nail, knife, leaves

Procedure:

- 1) Using a rolling pin, flatten a lump of clay.
- 2) Lay a leaf on the clay and roll over it with the rolling pin.
- 3) Remove the leaf and let the clay dry.
- 4) Paint the clay with tempera or acrylic paint if desired.

*Levels: P1, K*

## **Title: Cutting A Paper Sun**

Materials: Yellow construction paper, scissors, marking pens

Preparation:

- 1) Cut a circle out of yellow construction paper for each child. This is a good activity to use with beginning cutters.
- 2) Have the children use scissors to snip around the edges of their paper circles to make sun rays.
- 3) When they have finished, have them bend their sun rays, some in and some out, for contrast.
- 4) Then help the children to draw happy faces on their suns with marking pens.

*Levels: K*

## **Title: Day At The Beach**

Ocean breeze blowing,  
feet kick and splash,  
Ocean waves breaking,  
on rocks with a crash.

Boys finding seashells,  
Girls sifting sand,  
Friends building castles  
As high as they can.

I stretch my arms out  
Far as they'll reach  
Oh, my what fun  
On this day at the Beach.

*Levels: P1, K*

## **Title: Egg Carton Collections**

Give each child an egg carton before going on a nature walk.

Encourage the children to put treasures they find along the way in their cartons.

When you return from your walk, have the children talk about their treasures.

Then let them glue their items on pieces of construction paper or posterboard.

*Levels: P1, K*

## **Title: Finger Fun**

### The Incredible Dry Finger

1. Fill a glass halfway with water and sprinkle a thick layer of baby powder on top.
2. Slowly stick your finger down into the water.
3. Lift your finger straight up out of the glass. Incredible! It's dry.

### The Surprising Wet Finger

1. Fill a glass with water and sprinkle some pepper on it.
  2. Dip your finger in liquid detergent and stick your finger in the middle of the glass. Wow! The pepper shoots away.
- The powder sticks to the oil on your skin and acts as a glove. Water behaves as if it has a clear elastic skin on it.
- The soap breaks the skin which pulls pepper away.

*Levels: K*

**Title: Flutterby**

If you ever watched a butterfly,  
You would think the same:  
To call him rather 'Flutterby'--  
Is more a fitting name.  
For what he has to do with butter  
I cannot understand.  
But he can surely flutter better  
Than any insect can!

*Levels: P1, K*

**Title: Glue Watermelon**

Materials: Red and green construction paper, watermelon seeds, scissors, glue,

Preparation:

For each child, cut a large green circle and a slightly smaller red circle from construction paper.

Have the children glue their red paper circles on top of their green circles.

Then let them glue some watermelon seeds on their red circles to make watermelon slices.

*Levels: P1, K*

**Title: Glycerin Leaves**

Materials: Glycerin, small branch of leaves, newspaper, hammer, large jar

Procedure:

Place the branch on several layers of newspapers.

With the hammer, tap the end of the stem until it is slightly crushed.

In the jar, mix one part glycerin to two parts water.

Place the pounded end of the branch into the glycerin mixture for 2 weeks.

By this time the leaves will be thicker to touch, their colour will have changed, and they will not disintegrate or fade.

*Levels: K*

**Title: I Dig, Dig, Dig**

I dig, dig, dig,  
and I plant some seeds.

I rake, rake, rake,  
and I pull some weeds.

I wait and watch  
and soon I know  
my garden sprouts  
and starts to grow.

*Levels: P1, K*

**Title: I'm A Fish**

Sung to: I'm a Little Teapot

I'm a little fishy, I can swim.  
Here is my tail, Here is my fin.  
When I want to have fun with my friend,  
I wiggle my tail and dive right in.

*Levels: P1, K*

**Title: Let's Go To The Beach (page 1)**

(A Hunting We Will Go)  
Let's go to the beach  
To swim and play and run.  
Building castles in the sand  
Is ever so much fun.

We'll fix a picnic lunch  
And eat it when we like.  
And when we all are nice and full  
We'll take a nature hike.

*Levels: K*

**Title: Let's Go To The Beach (page 2)**

Be sure to wear your suit  
And bring along your float.  
We'll ride so far out in the surf  
Pretending it's a boat.

We'll find some pretty shells  
And throw the gulls some bread.  
Put on a lot of suntan oil  
So that we don't turn red.

We'll never want to leave.  
Such fun this all has been.  
But we'll come back another day and do it all again!

*Levels: K*

**Title: Let's Pretend**

Let's pretend we're having fun at a picnic everyone.  
Then some picnic pets come 'round.  
Birds that flutter to the ground.  
Crickets who can jump so funny, and a wiggly little bunny.  
Butterflies on lazy wings, squirrels, and lots of other things!  
Let's pretend that we are all picnic pets who've come to call.

*Levels: K*

**Title: Lightning Bugs**

On a warm, calm, summer night,  
You might see a yellow light  
Dart in the air from bush to tree.  
Whatever can that bright light be?  
Go get a jar, with a lid that's tight,  
And try to catch your own night light!

*Levels: K*

**Title: Mosquito**

He hums and he buzzes,  
And on your arm he'll sit.  
And just when you think that he's your friend,  
You'll discover you've been bit!

*Levels: P1, K*

**Title: Mr. Sun**

Oh mister sun, sun,  
Mister golden sun,  
Please shine down on me,  
Oh mister sun, sun,  
Mister golden sun,  
hiding behind the trees.  
These little children are asking you  
to please come out so we can play with you.

*Levels: P1, K*

## **Title: On The First Day Of Summer**

Sung to: Twelve Days Of Christmas

On the first day of summer..a robin in a maple tree.

Second....2 ducks a waddling.

Third.....3 bees a buzzin.

Fourth....4 watermelons.

Fifth.....5 picnic baskets.

Sixth.....6 wormy apples.

Seventh...7 ants a marchin.

Eighth....8 swimmers swimming.

Ninth....9 children playing.

Tenth.....10 flowers blooming.

Eleventh..11 mowers mowing.

Twelfth...12 gardens growing.

*Levels: K*

## **Title: Paper Plate Sun**

Materials: Paper plates, yellow paint, brushes, yellow crepe paper or tissue paper, glue.

Preparation:

Cut crepe or tissue paper into small rectangles, approximately 2 x 5 cm

Activity: Have the children paint their paper plates yellow to make 'suns'.

While the plates are still wet, let the children press paper rectangles on the paint.

They should stick, but if the paint dries

before the children finished, let them use glue.

Encourage the children to not only stick rectangles in the middle of their plates, but also over the rims to resemble sun rays.

*Levels: P1, K*

**Title: Paper Plate Sun Flowers**

Materials: Paper plates, yellow paint, brushes, glue, sunflower seeds, green paper

Activity:

Have the children paint their paper plates yellow to make 'flowers'.

When plate is dry put glue on plate and glue sunflower seeds on the middle of their plates. Attach them to green paper stems to create a sunflower garden.

*Levels: P1, K*

**Title: Sandy Beaches**

Materials: Paper, sand, white glue, glue brushes, pie tins, precut sun, beach balls, buckets, etc.

Preparation:

Assemble materials and pour glue into pie tins. Invite the children to paint pictures using white glue for paint.

Then let them sprinkle pinches of sand over the glue.

Wait a few minutes until the material has had a chance to stick, then shake of excess.

Have the children make beaches by brushing glue across the bottom of light blue construction paper and sprinkling sand on the glue.

When their papers are dry, let them paste on precut sun and boat shapes to create summer beach scenes.

*Levels: K*

**Title: Sea Gulls**

I like to watch the sea gulls, (Fists up to eyes)

Playing in the sky.

Dipping and soaring, (wave arm in air)

Through the clouds,

I wish that I could fly.

*Levels: P1, K*

**Title: Sing A Song Of Sunshine**

Sung to: Sing a Song of Sixpence

Sing a song of sunshine  
Be happy every day.  
Sing a song of sunshine  
You'll chase the clouds away.

Be happy every moment  
No matter what you do  
Just sing and sing and sing and sing  
And let the sunshine through.

*Levels: P1, K*

**Title: Skipping Stones**

Down by the river where the water's deep,  
I keep smooth stones piled up in a heap.  
And when I'm feeling sad or alone,  
I go down there and skip a stone.  
I watch it glide and splash and sink.  
It gives me time to stop and think.  
And when this mood comes to an end,  
I can get right up and start again.

*Levels: K*

**Title: Sprinkler**

If there's a pool.  
To keep you cool.  
The sprinkler's spray  
Is a very good way  
To wet your feet  
On a summer day.

*Levels: P1, K*

**Title: Star Counter**

Look up in the sky,  
For Saturn or for Mars;  
And did you ever try to count,  
Try to count the stars?  
I count from one right up to ten,  
And then I must begin again.  
It's not an easy job, you see:  
So many of them, and only one of me!

*Levels: K*

**Title: Starfish**

Draw a starfish on blue paper.  
Apply glue to the inside of the starfish shape, and then sprinkle on cornmeal.  
Let dry and remove the excess meal.  
You can also get a realistic starfish by cutting one out of sandpaper, but these are not as much fun or as messy.

*Levels: K*

**Title: Summertime Snack**

Strawberry week - serve strawberries in a variety of ways. Plain, dip in sugar or melted chocolate for an added treat.

Strawberry pancakes, shortcake, strawberries on ice cream. Make some freezer jam.

Raspberry week - these tiny fruits are a little expensive so maybe you could have raspberry day.

Make freezer jam, eat them plain, sprinkled over yogurt or with a dollop or whipped cream.

Blueberry week - go wild for blue. Make muffins, pancakes, cakes, bread, sprinkle them over ice cream or breakfast cereal.

Cool week - ice cream, popsicles, chilled fruit...watermelon.

NOTE: Any fruit can be "Fruit of the Week"

*Levels: ALL LEVELS*

**Title: Sun Day**

Have a sunny summertime snack day.

Serve only yellow food today.

Cheese, bananas, yellow jello.

Let the children brainstorm for ideas.

NOTE: Any summertime colour will do.

*Levels: P1, K*

**Title: Swimming**

I can dive. (Move hands flattened together.)  
I can swim. (Swimming motion.)  
I can float. (Hands out to side with head thrown back.)  
I can fetch.  
But dog paddle. (Paddle like dog.)  
Is the stroke that I do best.

*Levels: P1, K*

**Title: Swimming, swimming**

Swimming, swimming,  
In my swimming pool  
When days are hot, when days are cool,  
In my swimming pool.  
Breast-stroke, side stroke, fancy diving too.  
Don't you wish there never was,  
Anything else too do.

*Levels: K*

**Title: The Butterfly**

He flies so high (thumbs hooked together, over head)  
Then dips down low; (repeat action, hands at chest level)  
He rests upon a flower; (hands on knees)  
Only a second, then off again, (repeat first action)  
Hour after hour!

*Levels: K*

**Title: Thumbprint Geraniums**

Materials: white art paper 9X12 in. or 12X18 in., green construction paper, black crayon, paste, red tempera in a flat bowl, paper towels

Procedure:

Use black crayon to outline a cloud shape & place them in three spots, leaving room for leaves and stems.

Fill in the cloud areas using your fingertip or thumbprint dipped into the red tempera.

Make an uneven number of petals on each flower.

You may want to make one smaller to represent a bud.

Lay down green strips.

Experiment with placement then paste down the stems.

Round the edges of green squares.

Cut out a triangle section and scallop the edges to form geranium leaves.

Bend or roll some edges for a three-dimensional look. Paste.

*Levels: K*

**Title: To The Beach**

Sung to: London Bridge

We are going to the beach, To the beach, to the beach,  
We are going to the beach, In our bathing suits.

We will find there rocks and shells.....  
To gather by the water.

We will build a sand castle....With bridges and a tower.

We will have a picnic too...With sandwiches and oranges.  
Home we head with sunburned cheeks.....  
And treasures from our visit.

*Levels: K*

**Title: Watermelon**

Have a watermelon party at snack time on a hot day and save the seeds.

Soak them in soapy

water, rinse well, and set out to dry on paper towels overnight.

From construction paper, cut 3 half-oval shapes for each child: a large one from green, a medium one from white, and a small one

from pink or red.

Have the children line up the straight edges and glue the paper together to form a slice of watermelon.

Use a squeeze bottle of white or clear glue to dot glue all over the pink or red paper, and then place a dried watermelon seed on each dot of glue.

*Levels: P1, K*

**Title: 'Way Last Summer (page 1)**

'Way last summer, when the corn grew tall, (raise hands)

Stood an old scarecrow in the middle of it all.

(Scarecrow stands tall)

Well, the sun and the wind and the rain came down.

(Make rain with hands and blow for wind)

And the scarecrow watched as the corn turned brown.

(Scarecrow put hands over eyes and looks around)

So, the farmer cut the corn, and the field was bare;

(Chop, chop)

And the old scarecrow was the only thing there.

(Scarecrow looks sad)

Then the winter wind blew and the field turned white.

(Blow, blow hard)

*Levels: K*

**Title: 'Way Last Summer (page 2)**

Still, the scarecrow stood, like a soldier, day and night

(Scarecrow turns and looks around)

Then the springtime came and the farmer ploughed the ground,

(Children bend down and touch the ground)

And the scarecrow smiled, but he didn't make a sound.

(Scarecrow smiles)

Now, the corn's still young, so it isn't very tall,

(Raise hand a little off the floor)

And the scarecrow waits, but he doesn't mind at all.

(Scarecrow puts hands on hips and all the children shake head 'no')

*Levels: K*

**Title: We Sail A Ship**

Sung to: What Do You Do With A Drunken Sailor

We sail a ship with a (boy) named \_\_\_\_\_.

We sail a ship with a (girl) named \_\_\_\_\_.

We sail a ship with a (boy) named \_\_\_\_\_.

Early in the morning.

(Can be used as a dismissal song.)

*Levels: P1, K*

Category: Seasons: Summer Sports

**Title: Baseball Notes**

1. Put on a helmet
2. Pick up a bat
3. Walk to first base and get ready to swing

Let's go blue jays, let's play ball.

Who has been to a baseball game?

Some people get very excited and jump up and down and yell.

Some people wave banners.

Some people eat pop and hotdogs.

Some people make a wave.

*Levels: K*

**Title: What Do We Like To Do In The Summer?**

What do we like to do in the summer?

Do in the summer, do in the summer?

What do we like to do in the summer?

To have a lot of fun.

We swim a lot in the swimming pool.

We catch a ball with our baseball glove.

We kick a ball on the soccer field.

We pedal fast on our bicycle.

*Levels: K*

Category: Seasons: Winter

**Title: Build A Little Snowman**

Sung to 'I'm a Little Teapot'

Build a little snowman, starting with his feet.  
Put on lots of snow, and pat it all so neat.  
Then make a round ball, and put it up on top.  
The sun will come out, and make the snowman hop.

*Levels: K*

**Title: Build A Snowman**

Sung to: 'Frere Jacques' ('Are you sleeping?')

Build a snowman, build a snowman,  
Big and round, big and round,  
Sun is shining on him  
Sun is shining on him  
He's all gone, he's all gone.

*Levels: P1, k*

**Title: Dressing for Winter (Flannel Story)**

This is how we dress on a cold Winter's day.  
We put on our snowsuits to go out to play.  
Then we put on our boots for walking in the snow.  
Next, our hats and our mittens.  
'Cause the wind begins to blow.  
And now we're all ready to go out and play.  
We'll stay nice and warm on this cold Winter day.

*Levels: K*

**Title: How Much Is That Penguin?**

Tune: How Much Is That Doggy In The Window

How much is that penguin in the window?  
The one is the black and white suit.  
How much is that penguin in the window?  
I do think that penguin's so cute.

*Levels: P1, K*

**Title: I Can Make A Snowman**

Sung to: 'Mary Had A Little Lamb'

I can make a Snowman  
Snowman, Snowman,  
I can make a Snowman,  
My Snowman will be white.

*Levels: P, P1*

**Title: I'm A Little Penguin**

Tune: I'm A Little Teapot

I'm a little Penguin in the snow.  
I slide on my tummy to and fro.  
I eat the fish from the deep blue sea.  
I'm black and white, just look at me.

*Levels: ALL LEVELS*

**Title: I'm A Little Snowman**

I'm a little snowman round and fat.  
Here is my broom and here is my hat.  
When the sun comes out it's time to say  
'This is the end of me today!'

Get Ready, Set, Grow!

*Levels: P1, K*

**Title: I'm a Little Snowman (Movement)**

sung to I'm a Little Teapot

I'm a little snowman, short and fat;  
Here is my broomstick and here is my hat.  
When the sun comes, I melt away.  
Down, down, down, down, whoops.....  
I'M A PUDDLE!!!

*Levels: P1, K*

**Title: Ice Melts**

Materials: Ice Cubes, Paper Towels and Cups

1. Discuss hot and cold objects, such as ice, stoves, heaters, ice cream, snow and fire. Let children observe process of an ice cube melting. Ask 'Where does it go? How does it feel in your hand? In your mouth?' Have them pretend to be ice cubes melting.

Get Ready, Set, Grow!

*Levels: P1, K*

**Title: Ice Skating**

Slip,  
Slide,  
A fast ride.  
I can't wait,  
Let's skate!

*Levels: P1, K*

**Title: Ice/Snow Castles**

Pour water into different size plastic containers (ie cottage cheese, small yogurt, large ice cream buckets.)

Add food colouring to water - different colours - red, blue, green.

Freeze in freezer.

On a nice sunny (not 'biting' cold) winter's day, bring containers out of freezer and sit containers in water long enough to loosen 'coloured ice'.

Let children take containers of coloured ice to make snow castles or other creations. This will keep the children fascinated with the coloured ice and white snow!

Children can also play indoors with this activity...Put snow in a square plastic tub with the coloured ice.

*Levels: K*

**Title: Icicles**

As I was playing all alone,  
I made an icicle ice cream cone.  
With an icicle cone you won't need a dish,  
And you can have snow cones whenever you wish!

*Levels: P1, K*

**Title: It Is Snowing**

Sung to: Frere Jacques

It is snowing, it is snowing,  
All around, all around,  
Soft and quiet snowflakes,  
Soft and quiet snowflakes,  
Not a sound, not a sound.

*Levels: P1, K*

**Title: Marshmallow Sculptures**

Materials: Marshmallows (mini size and large, Toothpicks or pretzels

Create sculptures by using toothpicks or pretzels to hold sculpture in place.  
Enjoy or eat.

Get Ready, Set, Grow!

*Levels: P1, K*

**Title: Melting Snowmen**

Here's a snowman round and fat; (make circle with arms)  
Out comes the sun and melts his hat. (touch head)  
Here's a snowman with a scarf of red;  
Out comes the sun and melts his head. (touch head)  
Here's a snowman, fit as a fiddle;  
Out comes the sun and melts his middle. (touch stomach)  
Here's a snowman who waits for dawn;  
Out comes the sun and he's all gone!

*Levels: K*

**Title: Merry Snowflakes**

Merry little snowflakes falling to the ground,  
(fingers flutter like falling snow)  
They're landing on the treetops, covering our town.  
(fingers flutter)  
They softly fall on noses (touch nose)  
And make our hair look white. (touch hair)  
They seem to call, 'Come out and play!' ('come here' motion)  
As they fall all night. (repeat first action)

*Levels: P1, K*

**Title: Mittens**

I have three pairs of mittens;  
Yellow, red, and blue. If I ever lose a pair,  
I will still have two.  
But it never works that way,  
That's not the way it's done.  
I never seem to lose the pair -  
All I lose is one!  
And at the end of winter,  
I have three mittens there:  
One blue, one red, one yellow,  
But not a single pair!

*Levels: P1, K*

**Title: My Snowman**

I have fun when it snows.

I can make a snowman as round as a \_\_\_\_\_.

I can make a face for my snowman with \_\_\_\_\_.

I can make arms for my snowman with \_\_\_\_\_.

I know my snowman is happy because \_\_\_\_\_.

I am going to name my snowman \_\_\_\_\_.

My snowman is my friend.

*Levels: K*

**Title: Shiver Warm - Up**

This activity will help your children warm-up on a cold day.

Pretend you are controlling the heat in the room. Tell the children you are going to turn the heat down to make them all shiver.

When their bodies are all shaking in the make-believe cold, turn the heat back up so their shivers gradually stop.

Continue turning the heat up and down.

The lower you turn the heat, the harder the children should shiver.

Finally, turn the heat off altogether so that they 'freeze' in position.

*Levels: P1, K*

**Title: Signs of Winter**

Have your children help you look for signs of winter where you live.

Examples : Weather: Cold weather brings ice and snow. Daylight is short. Sometimes it is still dark when we get up in the morning.

Plants and Animals: All but the evergreen trees are bare. Many animals are gone, some flying south and some hibernating. The fur of some animals changes colour to camouflage them in the snow.

People: We wear heavier clothing. We take out our gloves, boots, and hats. We play inside more. Many people have fires in their fireplaces. We play in the snow and must shovel our walkways.

*Levels: K*

**Title: Skating**

You and your children can pretend to join some winter skaters, skating on a frozen pond.

Let the

children skate around the room.

Have the children take off their shoes and put on their make-believe skates. Play some waltz music and have the skates glide in time to the music.

*Levels: ALL LEVELS*

**Title: Sledding**

High hills,  
Spins, spills.  
Winter thrills -  
We're sledding!

Gliding, riding,  
Slipping, sliding -  
Flying, crying,  
'We're sledding!'

*Levels: K*

**Title: Sliding**

Sung to: Row, Row, Row Your Boat

Crunch, Crunch, Crunch, Crunch, Crunch,  
Up the hill we go -  
Sliding, sliding, sliding, sliding,  
Down the hill we go.

*Levels: P1, K*

**Title: Snow**

Snowflakes fall as softly as \_\_\_\_\_,  
and as quietly as \_\_\_\_\_.  
The snow is as cold as \_\_\_\_\_.  
I love to watch the snow cover up\_\_\_\_\_.  
I love walking in the snow like a\_\_\_\_\_.  
I think I will save some snow in my \_\_\_\_\_.  
The snow makes me happy because\_\_\_\_\_.  
Sometimes the snow makes me sad because\_\_\_\_\_.

*Levels: K*

**Title: Snow Cone Paper Sculpture**

Materials: Art paper (20 x 30 cm white body, 9 x 12 cm black hat, 9 cm black circle hat, 1 cm x 30 cm red scarf, 2cm x 11 cm pink hat band, 2cm x 5 cm yellow gloves, scissors, paste, stapler and black felt pen

Procedure:

Roll 20 x 30 cm white paper into a cone and staple, trim, paste.  
Make hat by rolling 9 x 12 cm black paper into cylinder and taping to the circle.  
Put hat onto cone.  
Cut and paste in place pink hat band, red scarf and yellow gloves.  
Draw face with felt pen.

*Levels: K*

**Title: Snow Pictures**

Paint windows using pale blue and white paint to create a beautiful winter scene.

2 Tbsp powdered tempera paint

1 Tbsp warm water

1 tsp dishwashing liquid

Measure powdered paint into a container.

Mix in water thoroughly to achieve a smooth paste.

Add dishwashing liquid, mixing completely, but gently, to avoid making paint too sudsy.

Dries on window in 5 - 10 minutes.

Washes off easily with a solution of water and vinegar.

*Levels: K*

**Title: Snow Scene**

Give each child a sheet of pale blue construction paper and styrofoam packaging chips.

Let them create a winter scene.

These turn out to be lovely three dimensional projects.

*Levels: P1, K*

**Title: Snowball Shake/Snacktime**

Materials: Milk, Vanilla ice cream, shredded coconut

1. Fill a large cup 3/4 full of milk.

2. Add 1 scoop ice cream

3. Sprinkle coconut on top.

Get Ready, Set, Grow!

*Levels: ALL LEVELS*

### **Title: Snowball Warm-up Melt-Down**

Have the children lay on the floor, stretch out, and form a blanket of snow. Then have them pretend that other children are rolling them up to make large snowballs. The children roll across the floor, finally becoming so large they have to stand up and become jolly snowmen.

Snowmen are frozen and must stand rigid all day and night. One day the sun shines so long and so brightly that the snowmen begin to thaw. Call out body parts, starting at the head and working down to the toes. The children begin moving these body parts slowly. As the day continues to get warmer; the snowmen gradually melt away. Have the children slowly/gracefully melt to floor.

*Levels: P1, K*

### **Title: Snowfall Under Glass**

Materials: eggshells, cleaned and dried, peanut butter or pickle jar with screw-on lid, felt, tiny evergreen branches, mini-pine cones, red berries, sequins, small round stones, and moss if you have it, mineral oil, glue

Proceedures:

Crush some eggshells into very fine pieces and set aside.  
Cut a piece of felt to cover the jar lid.  
Glue the felt into place to protect the table top. On the inside of the jar lid, arrange the small stones and moss into a 'forest floor' for the evergreen trees.  
Glue into place.  
Decorate the tree branches with pine cones, berries, and sequins, and glue these into place on the forest floor.  
Let dry for 1/2 hour.  
Fill the jar with mineral oil. Add eggshells. Screw on lid. Shake.

*Levels: K*

**Title: Snowflake Mobiles**

Materials: Hangers, Yarn, white paper squares, lightweight paper for ease in cutting 4 in. X 4 in. squares, scissors, hole punch

**Procedure:**

Round off the corners to create a circle.

Fold the circle.

Create your design with scissors and/or a hole punch.

Open the finished snowflake.

Paste several snowflakes to a length of yarn.

Tie yarn to a clothes hanger.

*Levels: K*

**Title: Snowflakes**

Sung to 'Grey Squirrel'

Snowflakes, snowflakes, falling on the ground.

Snowflakes, snowflakes, falling all around.

I am bundled to my chin.

See my footprints where I've been.

Snowflakes, snowflakes, falling on the ground.

*Levels: K*

**Title: Snowflakes**

Sung to: Twinkle, Twinkle Little Star

Snowflakes, snowflakes,  
Dance around,  
Snowflakes, snowflakes,  
Touch the ground,  
Snowflakes, snowflakes,  
In the air,  
Snowflakes, snowflakes,  
Everywhere.

*Levels: P1, K*

**Title: Snowflakes**

Sung to: Twinkle, Twinkle, Little Star

Snowflakes, snowflakes, dance around,  
Snowflakes, snowflakes, touch the ground.  
Snowflakes, snowflakes, in the air.  
Snowflakes, snowflakes, everywhere.  
Snowflakes, snowflakes, dance around,  
Snowflakes, snowflakes, touch the ground.

*Levels: K*

**Title: Snowflakes**

Materials: Paper, scissors, white tempera paint, dish detergent, toothpicks, marshmallows

Procedure:

Paper snowflakes.

Fold a piece of white paper several times.

Then make a variety of cutouts along the folds. Open up the piece of paper and it's a snowflake.

If you want to decorate your windows with painted snowflakes do it with white tempera paint and a squirt of liquid dish detergent to make it easier to wash off the windows later. Use a paint brush and a corner of a sponge.

Makes snowflakes with toothpicks and miniature marshmallows connected to each other.

*Levels: K*

**Title: Snowflakes Falling Down**

Sung to: 'Row, Row, Row Your Boat'

Snowflakes falling down,

(wiggle fingers downward)

Falling on the ground.

Great, big white flakes

(make circles with thumbs and forefingers touching)

That don't make a sound.

(Finger to lips and shake head 'no')

*Levels: P1, K*

**Title: Snowflakes Falling From The Sky**

Sung to: Mary Had a Little Lamb

Snowflakes falling from the sky, from the sky, from the sky.  
Snowflakes falling from the sky, to the earth below,  
Watch them as they dance and whirl, dance and whirl, dance and whirl,  
Watch them as they dance and whirl, soft white winter snow.

*Levels: K*

**Title: Snowfriend**

Pack a snowball.  
Make it round.  
Roll it, roll it, along the ground.  
Make one big ball, and one of middle size;  
Then roll a smaller ball. Add a nose and eyes.  
Give him a broom and a scarf of blue.  
Now there's a friend to play with you! (point)

*Levels: K*

**Title: Snowman, Snowman**

Sung to: Twinkle, Twinkle Little Star

Snowman, snowman, where did you go?  
I built you yesterday out of snow.  
I built you high and I built you fat.  
I put on eye and nose and a hat.  
And now you're gone - all melted away.  
But it's sunny outside, so I'll go and play.

*Levels: K*

**Title: Snowstorm Art**

Material: liquid starch or glue, brush or q-tips (cotton swabs), construction paper, rice

1. Generously brush starch or glue onto paper
2. Sprinkle rice on paper
3. Shake off excess

Get Ready, Set, Grow!

*Levels: P1, K*

**Title: Snowy Day Snacks**

Tell the children that today we are only going to eat snowy day snacks that must be white just like snow. Brainstorm for ideas.

Here are a few things that you should have on hand for this special snack day.  
Marshmallows, vanilla ice cream, milk, peeled apple slices, cauliflower, white cheese....

*Levels: K*

**Title: The First Snow**

Watching.  
Hoping.  
Sighting the first flake.  
Watching.  
Wondering.  
What will I make?  
A snowman, a fort?  
Angels in the snow?  
A thousand flakes are falling.  
Let's go! Let's go!! Let's go!!!

*Levels: K*

**Title: The Snowman Ran And Ran**

Sung to: 'Row Row Row Your Boat'

The snow, snow, snowman,  
Came out to play.  
But the children cried, 'Get back inside,  
The sun is out today.'

The snow, snow, snowman,  
Started to run away,  
But when he ran, he ran and ran  
Until a puddle lay.

*Levels: K*

**Title: Three Dimensional Snowman**

Materials: Blue construction paper, white paint, sponge, glitter, button eyes, pompoms, popcorn, pipecleaners, black beans

Procedure:

Sponge paint the snowman shape.

Poke two holes to thread yarn through.

Cut mittens from folded construction paper and glue to the ends of the yarn.

Use construction paper scraps or found objects (buttons, cloth, beans, beads, popcorn) to create a face, hat buttons for snowman.

You can use such materials as cut cloth and pompom for a hat, glue triangle out for a nose, pipecleaner arms, button eyes, black bean mouth, popcorn buttons.

*Levels: K*

**Title: White On White**

Create a snowy day picture by using only white materials.

Give each child a styrofoam tray to be used as a base for the picture.

Provide an assortment of white material (cotton balls, white string, rice, white straws) to glue on to the tray to create snow day scene.

*Levels: P1, K*

**Title: Winter**

Grey days  
Freeze my feet,  
The world has  
Curled up tight  
To wait for spring.

*Levels: P1, K*

**Title: Winter Days (Flannel Story)**

Five little snowmen round and fat.  
Each one wearing a funny hat.  
In the morning, out came the sun.  
It looked down and melted one.

Repeat with 4,3,2,1 snowmen

*Levels: K*

**Title: Winter Hats**

Materials: Construction paper, paste, crayons, paint, brushes, cotton balls

**Preparation:**

Draw a stocking cap shape for each child on a piece of construction paper. A half circle with a cuff across the bottom and a tassel at the top is simple to do.

Cut out shapes. Have the children decorate their cap shapes with crayons or paint or by pasting on scraps of coloured paper.

Sponge painting. Let them each paste a cotton ball on the tassel area. While the children are working, talk about the changing weather and how hats help keep heads and ears warm. The children may make mittens to match caps. Together they make great bulletin board display. Remind parents about winter clothes.

*Levels: K*

**Title: Winter Poem**

Winter

Runny nose, Sniff, snort!  
cold toes, I've caught,  
Walking in the rain, Another cold again.

Freezing air, Damp coat,  
Wet hair, Sore throat,  
Fingers dropping off. Listen to my cough.

*Levels: K*

**Title: Winter Sun**

Recite the poem below and let the children fill in the blanks.

Winter sun, don't you run,  
Stay with me and have some fun.  
Shine on the \_\_\_\_\_, shine on me,  
Shine on the \_\_\_\_\_, shine on the tree.  
Shine on the \_\_\_\_\_, shine so fair,  
Shine on the \_\_\_\_\_, shine everywhere!

*Levels: K*

**Title: Winter Wonderland**

Materials: newspaper, fern fronds or evergreen branches, dark blue construction paper, straight pins, toothbrush, white tempera paint, clear liquid glue, silver glitter, clear plastic wrap

Procedure:

Cover a flat work space with newspaper.

Lay the construction paper flat on the newspaper and arrange the greenery on the paper to form a design you like.

Pin in place.

Dip toothbrush into paint and 12cm away from paper, run your thumb across the bristles repeatedly in an upward direction.

Allow the paint to dry.

Dab clear liquid glue on the white surfaces and sprinkle with glitter.

Remove pins and cover with clear plastic wrap for protection.

Fold edges of wrap over and glue.

*Levels: K*

**Title: Ornaments**

Materials: Felt pens (water-base), White glue, Flat styrofoam trays, Fishing line, Hole punch

Procedure:

Day 1 - Give each child a styrofoam tray. Let children make designs with pens. Pour enough glue on tray to cover design. Let stand overnight.

Day 2 - Peel off edges and let dry another day.

Day 3 - Peel off tray completely. You can cut a design out of dried and peeled glue.

Punch hole in dried glue. Hang by fishing line.

*Levels: K*

**Title: Five Little Penguins**

Five little penguins, I once knew,  
Short ones, fat ones, skinny ones, too.  
But, the one little penguin with the Red bow tie,  
He led the others sliding up and down,  
He led the others, sliding up and down.

Especially good when done with five felt board Penguins - one with a red bow.

*Levels: P1, K*

Category: Seasons: Taiwan Winter

**Title: Rain Gauge**

Help your children make a rain gauge.

Materials: a large empty coffee can, ruler, marking pen (permanent ink).

1. Place the ruler inside the can. Mark and number centimetres onto the inside of the can.
2. When it rains, place the can outside in a clear place.
3. When it stops raining, you and your children can tell how much rain fell.

*Levels: P1, K*